



SENIOR YEAR RECRUITING CHECKLIST

ALL YEAR

Category	Status	Item	Notes
Academics		Focus on finishing strong, some scholarships are contingent on good final grades.	
Academics		Depending on how your test scores have come out, schedule retakes and make sure you have sent scores to the NCAA Eligibility Center.	
Academics		Identify any problem areas immediately and seek teacher or tutor assistance to make sure you have a solid foundation for future classes	
Activities		Continue to focus on extra curriculars by participating in clubs, community and leadership activities.	
Athletics		Ask for additional evaluations from high school and club coaches for a reality check	
Athletics		Define strength, benchmark and competitive goals with coaches for the year	
Athletics		Work with outside strength / agility programs and outside coaches / clinics to enhance skills	
Social Media		Make sure you use Facebook, Twitter, Instagram, Musically, and all other internet accessible sites in a mature manner. Coaches look!!!	
Social Media		Establish a Twitter Account, YouTube Account, and acceptable Email Address (no inappropriate words). If you don't have Facebook, do that as well.	
Recruiting		Keep your Athletic Profile on AllStarLAX.com complete and updated.	

FALL

Category	Status	Item	Notes
All		Set goals for the year in both academics and athletics.	
Academics		Begin to examine all Financial Aid Requirements. Check with target school admissions/financial aid.	
Academics		Narrow down your list to 10 schools, and focus on the application process for these. Just like any other non-athletic applicant, make sure you have some safety schools, as well as some reach schools on the list. If you have no solid opportunities, you may need to rebuild your list.	
Academics		Meet with High School Guidance Counselor to ensure you are on track to meet all requirements.	
Recruiting		Download or Purchase the latest version of the NCAA Guide for the College Bound Student Athlete, check for changes	
Recruiting		Review the NCAA Academic Quick Reference Guide	
Recruiting		Review the latest NCAA Academic Requirements to make sure you are taking the correct courses: NCAA Student Athlete Worksheet	
Recruiting		Make sure your NCAA Eligibility Center information is all complete, and you have directed your SAT and ACT scores to code "9999".	
Recruiting		Download and learn your recruiting timeline. Here is the NCAA Calendar: NCAA College Recruiting Timelines and Calendars	
Recruiting		Plan and organize official visits. If one has not been offered at your target schools, call and inquire. Be prepared with questions, and also prepared to respond to offers.	
Recruiting		Negotiate and compile all Scholarship Offers	

Recruiting		Know your National Letter of Intent (NLI), or signing day. Make sure you have all your offers, and know your final choice. Coordinate with your school, coach and athletic director. Here for more info: National Signing Day	

WINTER

Category	Status	Item	Notes
Academics		Make sure you are scheduled to take the SATs and ACTs	
Academics		Finalize and Submit all application materials	
Academics		The FAFSA becomes available January 1st, and most schools require it submitted in late winter/early spring. Check with Financial Aid Office at each school for deadlines.	
Academics		Work with your target school coaches to see examine your offers and figure out your best financial aid options.	

SPRING (IN-SEASON)

Category	Status	Item	Notes
Athletics		Make sure you keep a log of all your stats, collect all photos and video clips and any newspaper clippings.	
Athletics		Coaches look for good athletes, but also want leadership and good sportsmanship. Make sure you rise to the occasion.	
Athletics		Evaluate your performance pre, during and post season, and perform a reality check (do you make the cut)	
Athletics		Utilize your social media and send periodic updates on new records, milestones, pics, etc.	
Recruiting		Work with your Guidance Counselor to make sure your final transcripts are sent to the Eligibility Center and your destination school.	
Recruiting		Keep your Athletic Profile on AllStarLAX.com complete and updated.	

SPRING (POST-SEASON)

Category	Status	Item	Notes
Recruiting		Keep your Athletic Profile on AllStarLAX.com complete and updated.	
Recruiting		Continue to communicate with your target school coaches through email, social media and phone. Get a true feel of where you stand.	
Recruiting		Continue to organize your email folders with one for each school. Make sure you place all your messages for that school into the folder.	
Recruiting		Update your Log for all communications with school representatives. Include calls, email, Tweets, etc.	

SUMMER

Category	Status	Item	Notes
Recruiting		Keep in contact with your new coach and ask for any areas to focus on.	
Athletics		Enroll in strength and agility training specific for Lacrosse and your School.	